

The Third Act

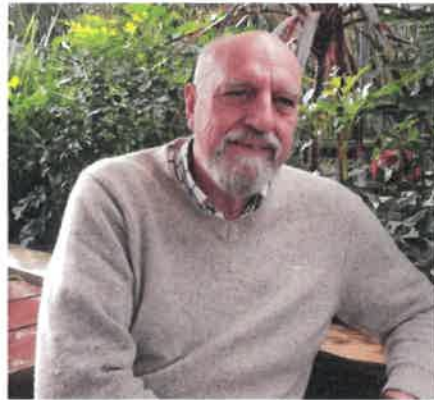
Newsletter of U3A Redlands

Vol 1 No 6, July 2019



MESSAGE FROM DEBRA BARKER, PRESIDENT

Exciting News: One of our members, Colin Sutcliffe, has recently been awarded an OAM for his service to Capalaba community and education. Colin and his wife, Beryl, the Secretary of U3A Redlands, presented some of their background at a Life in Australia talk on 17 June. An amazing couple.



In the last newsletter I mentioned that I would acknowledge two members who have played a special role in making me feel welcome into the community that is our U3A Redlands.



Here they are- Richard Philip, a true gentleman, a character and a man of great integrity and Gail Schurer, a passionate friend of U3A Redlands, and a source of endless compassion and support.

These two people have amazing life stories, having achieved highly in their own careers and yet are the personification of humility.

I could add many more names to the list of people who commit themselves to helping others. Please feel free to forward photos or comments on members who have contributed to your sense of well-being. (Just ask them for their permission first and then forward to newsletter@u3aredlands.com.au)

FREE!! – SENIORS WEEK VARIETY CONCERT – FREE!!

Redland City Council in association with RDCOTA presents a FREE concert on Tuesday 20 August from 11am at RPAC. Morning tea available from 10.30am.

Great entertainment for all, including Here's to Life, Donald Simpson Centre Theatrical Group, the U3A Scottish Country Dancers and more.

Don't miss out. Bookings can be made at the RPAC box office 3829 8131 so enquire now. Tickets will be available from Monday 29 July.



For all the U3A Redlands members who have a birthday in July

Wishing you a day filled with happiness and a year filled with joy.

Happy birthday

The cut-off date for the **July newsletter is 28 July 2019.**

If you have something you would like to share with the U3A members - about a class you attend, a tutor, your classmates, or just a funny incident, please send it along and we will try and publish it in the newsletter. Please send your submissions to newsletter@u3aredlands.com.au



Members who passed on positive and favourable comments regarding the Newsletter, we thank you.

Out & About



U3A Financial Literacy Class – Financial Literacy for the over 50's

Review – As legislation for retirees changes every year and/or with each new budget or electoral change, it is more important than ever to keep up with your financial affairs and not be caught out.

This course is an absolute “must do” for all U3A members. Carol covers all aspects of financial planning prior to and in retirement including banking, managing debt, the bank of “Mum and Dad” pitfalls, maximizing your benefits with Centrelink, superannuation, property, retirement villages, navigating ACAT, homecare and residential aged care and estate planning.

It's time to set your life on **FIRE** - (financial independence retire early)

Article supplied by Madeleine Mionnet

CARAVAN AND CAMPING – Trip to Boonah Show Grounds article courtesy of Pauline Moore

We had a good response to our trip to Boonah show grounds with ten vans participating, 20 members, and a good time was had by all.

Thanks to Janis and Gary, a good selection of trivia was played out around the camp fire where we settled for drinks, nibbles and a good laugh. On Sunday under sunny skies some members played boules under the tuition of Terry, and some played mah-jong. To add to the excitement there was a camp draft and gymkhana all weekend for the horse/cattle enthusiasts. In all, a great weekend with great company and good weather.

U3A SINGERS CONCERT

Congratulations to the U3A Redlands Singers on another wonderful afternoon of entertainment. The varied and enjoyable program was delivered with professionalism and enthusiasm by all members, with Olga Harris providing the accompanying music. Particular thanks to Margaret Ward, the choir director, for her commitment – she was even able to get the audience singing.



Shine a Light on Learning

2020 U3A STATE CONFERENCE

At the 2019 Conference in Bundaberg, the location for the 2020 State Conference was confirmed. It is exciting the *U3A Redlands* will be the host branch next year. An early date claimer for all U3A Redlanders – **Tuesday 2 and Wednesday 3 June, 2020**, at *RPAC*. We are hoping that members from all over the State will join us in our little slice of paradise.

Planning is well underway, with a focus on environmental issues as well as administrative matters which affect all U3As. The *RPAC Gallery* is the venue for the two-day Conference, with the catering being provided by our own team led by Freda Charles. The *RSL Gallipoli Room* will be the venue for the Conference Dinner on the Tuesday night. The organising committee is investigating a trip to *Stradbroke Island* as a Pre-Conference event on Monday, followed by a Meet and Greet at one of the restaurants on *Raby Bay Harbour* in the evening. Come and join in the activities and make all our visitors welcome.

Updates on progress will be provided in the monthly newsletters. Watch this space!

COURSE UPDATES INFORMATION

A full list of class information can be found on our Website

www.u3aredlands.com.au

Armchair Travel	1 August 5 September	Gary Moore Laraine Moore	Trans-Siberian Rail Douro River Portugal
Botany in the Bush	18 or 19 July 15 or 16 August	Lynn Roberts and John Moss	Whistling Kite Reserve or Turtle Swamp, Russell Island. 7.55am water taxi from Weinman Creek ferry, Banana Street, Redland Bay (UBD 226 P 17) Bring Seniors/Go card for fare and snack for morning tea Blue Lake National Park/Neem-Bee-Ba Trail, North Stradbroke Island. 7.55am water taxi from Toondah Harbour to Dunwich. Bring Seniors/Pension card for part fare (paid on board) and snack for morning tea and lunch. Limit of 10 people per day
Breakfast Club	28 July 8.30am 25 Aug. 8.30am		Little Bloomfield Café, Cleveland Library Café Arabica, 187 Middle St, Cleveland
Camera Club	17 July 21 August	Frances Speck TBA	Brisbane River Ferry, Southbank to Hamilton Uniting Church Hall, Passage St., Cleveland
Caravan and Camping	End July End August	Pauline Moore	Tara as Thunderbird Park, Mt Tamborine has been cancelled Barambah Bush camp, 6klms outside Murgon TBA
Coin and Stamp	18 July 15 August	John Hardman	Letter 'C' Olympic Games
Life in Australia	22 July 29 July 5 August 12 August 19 August	Col Sutcliffe Brian Hedges Glenice Palmer Norma Forrest	Moreton Bay Shipwrecks – Keith Boulton Narendra Modi's India and the Australia-India Partnership – Prof. Ian Hall Warning signs of Heart Attack: Know Your Heart Disease Risk – Kara Gerritsen Redlands Holiday for RNA Show Leaps and Bounds – Stories from the Redland Libraries Adult Literacy Program – Leoni Swift
Ramblers	25 July 8 August 22 August	Alex Shrubsole	A circular city walk from New Farm Park to Teneriffe and back, using train and City Cat. 6.39am train from Cleveland – sit in first carriage Bayside Pathway Walk, Birkdale/Thorneside – meet at Beth Boyd Park, at 7.00am, UBD No. 164 D16 Greater Glider Reserve, Alexandra Hills, UBD 204 M3
Everything you need to know about Computers		Tom Eves	Term 3 change of day – now held on a Tuesday
Financial Literacy for the Over 50's		Carol Roberts	Term 3 please ring the Office to register your interest - Dates 18 July to 19 September Cost \$10 plus copying costs per week of \$2.50
Golf – U3A Seniors Golf		Rand Storey	Anyone wishing to participate in the U3A Seniors Golf - please contact Rand Storey by 12 August on rand.storey@outlook.com
Italian - Intermediate Class		Greg Cudmore	Term 3 – Contact Greg Cudmore
Law - Our Rights		Greg Cudmore	Term 3 – 1.30pm Thursday's - Cleveland Library
Redlands Water Aerobics		Geoff Robson –	Held at Eldridge Swim School, 51 Woodlands Drive, Thornlands. As there are several classes held from Monday to Friday contact Geoff Robson for details.

Scottish Country Dancing – Beginner’s Class	Heather Heron	Cancelled for the remainder of the year. This Class was held between 12pm – 1pm
Scottish Country Dancing – Established Group	Heather Heron	Continues This class will continue on Mondays from 1pm – 3pm
Spanish for Beginners	Beverley Ross	Beverley advises that this Class is being run in Term 3 – please contact Office for further information.
Writers Group	Robyn Bree	Currently No Vacancies
NEW COURSES FOR TERM 3 AND TERM 4		
Dead Poets Society	George Chapman and Anne McBurnie	This course is available in Term 4 at Aveo, Redland Bay – further information to come at a later date.
Italian – Absolute Beginner Class	Greg Cudmore	Starting Thursday, 18 July in the Cleveland Library from 11.00 to 12.30am.
TED Talks Plus	George Chapman and Deb Barker	This course is available in Term 3 at Aveo, Redland Bay . Please see website for further details.



Father's day is coming on Sunday, 1 September. Time to nominate that special person, father, grandfather, spouse, neighbour or ?? who might enjoy a **\$50 Bunnings voucher**. Just send your nomination to the Office – admin@u3aredlands.com.au with reference to Father's Day, before 16 August. Add a brief comment about the person you consider worthy.



Friday 23 August 2019	U3A Redlands Back to School Day	Watch the Newsletter for further details
Sunday 22 Sept 2019 and Sunday 29 Sept 2019	U3A Theatre Group	'Dizzy Dames Broadway' Further details to follow
Monday 2 December 2019	U3A Redlands AGM	9.30 am - Donald Simpson Centre
Friday 6 December 2019	Christmas Party for Tutors and Volunteers	Lions Club Hall
Tuesday 2 - Wednesday 3 June, 2020	2020 U3A Network Conference Qld	To be held at RPAC See further information in this Newsletter

SCHOOL TERM DATES FOR 2019

Term 3	Monday 15 July – Friday 20 September 2019
Term 4	Tuesday 8 October – Friday 13 December 2019

The Noticeboard

URGENTLY WANTED:

- A volunteer to assist with the Newsletter, should be computer literate and knowledge of Mail Chimp would be an advantage. Please contact Chris Hendry by email at newsletter@u3aredlands.com.au for more information.
- The U3A Redlands Singers require the services of a pianist to accompany them from 6 July. They rehearse on Saturday mornings from 9.00-11.00am at the Star of the Sea Parish Centre, Passage Street, Cleveland. If you are interested, please contact Margaret Ward, Music Director via the office.

U3A Redlands now has a Discrimination Liaison Officer. Julianne Whitehead, email discriminationliaison@u3aredlands.com.au

NEW LOGO: U3A Redlands has a new Logo which has been digitised for use in various ways.

- For embroidery on clothing - If you have the right type of sewing machine you can stitch out the Logo yourself. Details on the font, colours, etc can be obtained from our Publicity Officer, Julianne at publicity@u3aredlands.com.au ; or
- Complete Embroidery and Apparel will embroider the Logo for you. Please contact them directly for further information on Mobile 0408 180 131.

U3A Redlands Cycling Shirts: Prices for the cycling shirts are:

\$60 for U3A Redland members and \$90 for non-members.

Samples of the shirts are available for trying on in the Office in Size M.

Please contact Gavin Becker on email gavin@gbecker.com.au

BACK TO SCHOOL DAY– Friday, 23 August starting 9.00am to 3.30pm. Exciting speakers will be speaking on a range of subjects from Humanities to the Sciences. Morning tea, lunch and snacks after 3pm will be included in the cost of \$20. Tickets will be available in early August and details available from the Office.

U3A SENIORS GOLF - Those wishing to attend please contact Rand Story by 12 August. Contact Rand Story on rand.story@outlook.com

HERVEY BAY WRITING COMPETITION – Details available on the Hervey Bay U3A website – www.herveybayu3a.net Budding writers who are members of any U3A in Queensland are welcome to enter this Competition.

In an EMERGENCY
dial TRIPLE ZERO
(000)



For NON-URGENT
Police contact call
POLICELINK
131 444

Crime Prevention Corner

Safety Out and About

We all have the right to feel safe. It is important you are aware of this and exercise this right.

- Be aware of your surroundings. Especially in public when using headphones or on your mobile phone.
- Carry a mobile phone and use it to call for assistance if needed.
- Avoid areas where you don't feel safe like back alleys, vacant land or poorly lit carpark and parks.
- Listen to your gut feeling – if you don't feel safe, remove yourself to a safe area and seek help.
- Walk in the opposite direction to traffic flow and where possible use busy, well-lit streets.
- Keep cash and valuables you carry to a minimum and out of sight.
- Hold your wallet, handbag or purse close to you. Carry your handbag on the side closest to the buildings and away from the road.
- Avoid leaving your handbag in a shopping trolley or on the back of a restaurant chair.
- Use ATMs located in public view and check to ensure the ATM hasn't been tampered with.
- Be discreet when entering your personal identification number (PIN).
- Bayside District Crime Prevention (DCPC) provide free personal safety presentations.

Your assistance in helping keep you safe is appreciated.

U3A Redlands District Inc

PATRON: Karen Williams Mayor, Redlands City Council

2019 Management Committee

POSITION	NAME	EMAIL
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Vice-President	Iris Murray	vicepresident@u3aredlands.com.au
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The U3A Redlands Office is open during School term: 9.00 am – 12 noon:

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CLEVELAND QLD 4163

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CLEVELAND QLD 4163



[Email](#)



[Website](#)



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