



The Third Act

Newsletter of U3A Redlands District Inc.

Vol 2 No 6 July 2020

MESSAGE FROM DEBRA BARKER, PRESIDENT

At last there have been sustained weeks of good news on the control of the spread of the Corona virus in Queensland. Unfortunately, our Victorian counterparts cannot share this relief.

In our homes the isolation has given us time to invest in projects that have been craving our attention. Our gardens might have fewer weeds and our cupboards might be tidier. The dust that had accumulated on those 'must-reads' might have been wiped off and those friends who are on our Christmas lists may have received a surprise mid-year call or a card from us.

As we slowly emerge from this period of isolation, we can reflect on how our lives have changed. The betwixt and between phase has started.

Some of our classes are beginning in Term 3 and it will be a welcome sign to have face-to-face contact again. However, we must remain cautious. The AMA President, Tony Bartone has recently warned against lifting restrictions too quickly.

If your classes are resuming in Term 3 please follow the directions of your tutor. They will receive a starter sanitising pack which has been prepared by our Care Army, most ably led by Julianne Whitehead, Publicity Officer.

U3A Redlands is also very appreciative of a grant received from the Redland City Council to support us in the lockdown and in this transition phase.

The 120 plus Zoom sessions run by tutors and members of the Management Committee, the Newsletters, the emails and phone calls attest to the tutors' and our commitment to our members.

Stay safe

Debra Barker and the Management Committee.





To all our U3A Redlands members and friends having a birthday in July, we wish you much happiness and a joyful year ahead.



The **cut-off date** for the **August** newsletter is **Monday, 3rd August 2020**

If you have something you would like to share with the U3A members – about a class you attend, a tutor, your classmates, or a funny incident, please send it along and we will try to publish it in the newsletter.

Submissions to newsletter@u3aredlands.com.au



“**GEMs**” is a free monthly email newsletter sent by U3A Online to any interested person in any country. You don't need to join U3A Online to receive GEMs. We will not send you anything unrelated to this newsletter so go ahead and subscribe to GEMs on u3aonline.org.au.

Contents: Physical Health GEMs, Emotional Health GEMs, Social Health GEMs, Intellectual Health GEMs, Information GEMs, Fun GEMs, Technical GEMs.

Humour has it...



A 'singles' ad listed in the Bendigo Advertiser said:

Single black female seeks companionship, ethnicity unimportant. I'm a good girl who LOVES to play. I love long walks in the woods, riding in a ute, hunting, camping and fishing trips, cosy winter nights lying by the fire, going to the pub. Candlelit dinners will have me eating out of your hand. I'll be at the front door when you get home from work, wearing only what nature gave me and yes, don't need much coaxing to jump into bed with you. Call 0354431 111 and ask for Lucy – I'll be waiting...

- Over 150 men telephoned and found themselves talking to the **RSPCA** office in Bendigo.



Keeping your Brain in Shape

Expressions of Interest are called for the following Zoom sessions:

Dead Poets Society Thursday 16 July, 9.30 – 11.00 – hosted by George Chapman. We invite new members to join our group, who meet fortnightly to read and discuss poets and poetry - some of which they have penned themselves. Serious, moving, dramatic, hilarious - if you love poetry this is the class for you.

*****Presentation*** Monday 20 July, 9.30 – 11.00** – *Thomas Keneally* – hosted by Liz Jeffs, U3A Redlands member, tutor and author of 17 Browning Street. **Tom Keneally, Australian novelist, playwright and author** of many works of fiction and non-fiction, including *Schindler's Ark*, *The Chant of Jimmy Blacksmith* and *Australians Volume 1, 11 and 111*, will share some of his life story and tell us about his latest novel, ***the dickens boy***. Based on the true story of the youngest son of Charles Dickens being sent to Australia at the age of sixteen to learn how 'to apply himself'. It is a wonderful tale of the outback and the characters the lad encountered. Liz will be asking for questions to put to Tom so look through your shelves at his books and take the opportunity to get the answers you always wanted to know.

BYO Coffee and Discussion Tuesday 21 July, 9.30 - 11.00 – hosted by Julie Porteous. Our guest this morning is *Chris Trigger, Manager Redlands Youth Justice Service, Department of Youth Justice*. Chris will give a talk about youth crime, deterrents and initiatives in place which the Police and his department facilitate. He is also happy to answer questions after his presentation.

Around the World Virtual Tour Friday 24 July, 9.30 – 11.00 – hosted by George Chapman *Travels in Southern Brazil* Enjoy a Journey to Iguazu, Pantanal, Amazon, Brasilia, and Rio.

Please advise expressions of interest to vicepresident@u3aredlands.com.au **at least 24 hours** prior to the session you wish to join.

*******New Zoom Class – iPhoneography*******

A new course will commence on July 27.

Lessons are on the **second and fourth Mondays of the month**. It is a ten-week course. If you wish to go beyond taking selfies and family portraits with an iPhone camera, then this is the course for you. You will be taken through the tools of the native camera, introduced to more sophisticated camera Apps; where you can access resources to further your skills and learn how to edit your photos.

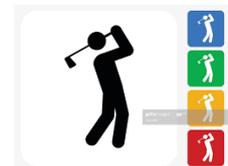
Two of the following are necessary using Zoom: iPhone, iPad, Mac or PC or you can just watch using one device. Currently Zoom is being used for lessons; if/when the Capalaba Meeting room is reopened, they will resume there. Zoom is opened at 9:00am for lesson to commence by 9:30. NB: This is not for Android devices. **Call Lurline Slater on 0405112656 to register.**



SENIORS TEXTING CODES:

- ATD** - at the doctor.
- BFF** - best friend fell.
- BTW** -bring the wheelchair
- BYOT** - bring your own teeth.
- FWIW** - forgot where I was.
- GGPBL** - gotta go, pacemaker battery low.
- GHA** - got heartburn again.
- IMHO** - is my hearing aid on?
- LMDO** - laughing my dentures out.
- OMMR** - on my massage recliner.
- ROFLACGU** - rolling on floor laughing and can't get up

COMING U3A EVENTS:



QLD Seniors Week Golf Competition
Monday 24th August at Carbrook Golf Club

\$30 for Carbrook Golf Members and \$55 for NON-Carbrook Members.
 Cost includes: Game, Snacks, Lunch and Prizes for winners.

Closing Date 17th August for more information and to book your place please contact **Rand Story** on rand.story@outlook.com or **0437237348**

DATE CLAIMER



Picnic by the Bay Friday October 30th from 9.30 am

Mark the calendar. Plans are underway for a member get together at historic Ormiston House on Friday 30th October until 2.30-3.00.

- Start with a tour of the house and a Devonshire Tea.
- Admire the bay views.
- Stay on for a BYO picnic lunch in the grounds.
- Join your friends or meet new ones while taking part in a few games.
- Entry will be \$5-\$7 Devonshire Tea compliments of U3A.



U3A Management

Positions on the Management Committee of U3A Redlands 2021 will be open for nomination from all members prior to the Annual General Meeting on November 30 this year. Your skills and your enthusiasm will be welcomed. We are seeking members who can contribute to the success of our organisation to be aligned with the U3A principles and to pave a path forward.

This commitment would be to the Seniors of Redlands, to ensure a wealth of options open to them and to facilitate the best outcome available.

If you would like to know more please contact **Debra Barker**, president@u3aredlands.com.au or on **0438781648**.

Maybe we don't have it that bad? -

It's a mess out there now! It's hard to discern between what's a real threat and what is just simple panic and hysteria. For a small amount of perspective at this moment, imagine you were born in 1900. On your 14th birthday, World War I starts. It ends on your 18th birthday. 22 million people perish in that war. Later in the year, a Spanish Flu epidemic hits the planet and runs until your 20th birthday. 50 million people die from it in those two years. Yes, 50 million. On your 29th birthday, the Great Depression begins. Unemployment hits 25%, the World GDP drops 27%. That runs until you are 33. Many countries nearly collapse along with the world economy. When you turn 39, World War II starts. You aren't even over the hill yet. And don't try to catch your breath. Between your 39th and 45th birthday, 75 million people perish in the war. Smallpox was epidemic until you were in your 40's, as it killed 300 million people during your lifetime. At 50, the Korean War starts. 5 million perish. From your birth, until you are 55 you dealt with the fear of Polio epidemics each summer. You experience friends and family contracting polio and being paralysed and/or die. At 55 the Vietnam War begins and doesn't end for 20 years. 4 million people perish in that conflict. During the Cold War, you lived each day with the fear of nuclear annihilation. On your 62nd birthday you have the Cuban Missile Crisis, a tipping point in the Cold War. Life on our planet, as we know it, almost ended. When you turn 75, the Vietnam War finally ends. Think of everyone on the planet born in 1900. How did they endure all of that? When you were a kid in 1985 you didn't think your 85 year old grandparent understood how hard school was. And how mean that kid in your class was. Yet they survived through everything listed above. Perspective is an amazing art. Refined and enlightening as time goes on. Let's try and keep things in perspective. Your parents and/or grandparents were called to endure all of the above – you are called to stay home and sit on your couch! May 2020 (Shared by Tony Fox)

In an EMERGENCY
dial TRIPLE ZERO
(000)



For NON-URGENT
Police contact call
POLICELINK
131 444

CRIME PREVENTION CORNER

Current COVID-19 (Coronavirus) Scams

Scammers are using the spread of COVID-19 to take advantage of people across Australia. Scamwatch (www.scamwatch.gov.au) has received over 2,000 coronavirus related scam reports with over \$700,000 in reported losses since the outbreak of COVID-19.

Common scams include phishing for personal information, online shopping, and superannuation scams.

Tips to protect yourself from these types of scams:

- Do not click on hyperlinks in text / social media or emails, even if the source appears to be trusted.
- Never respond to unsolicited messages / calls that ask for personal / financial details – press delete or hang up. Go directly to the website through your browser.
- To verify the legitimacy of a contact – find them through an independent source – phone book / past bill or online search.
- Never provide a stranger remote access to your computer, even if they claim to be from a Telco or NBN.
- Visit the Scamwatch News webpage for general warnings and media releases on COVID-19 scams.
- Subscribe to the newsletter to receive updates and warnings on the latest scams on www.scamwatch.gov.au

Bayside DCPC – ph. 07 33088180 – email DCPC.Wynnum@police.qld.gov.au – blog www.mypolice.qld.gov.au/wynnum

U3A Redlands District Inc. 2020 Management Committee

President - Debra Barker president@u3aredlands.com.au

Vice-President - Iris Murray vicepresident@u3aredlands.com.au

Secretary - Beryl Sutcliffe secretary@u3aredlands.com.au

Treasurer - Janese Lowe treasurer@u3aredlands.com.au

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